

# SPECIAL NSW EATING DISORDER NETWORK BREAKFAST MEETING

Friday 6 June, 8am—10am

**NEW LOCATION: Scott Skirving Lecture Theatre**  
**Level 6, Albert Pavilion, Royal Prince Alfred Hospital, Missenden Rd, Camperdown**

(Enter either via **John Hopkins Drive** near McCafe and get lift to level 6, OR via **Hospital Entrance** in Missenden Rd., take second corridor on the left, past the security & engineering department and take lift to level 6)

Enq: [jfree@email.cs.nsw.gov.au](mailto:jfree@email.cs.nsw.gov.au)

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## DR DEBBIE FRANKO



### 2 Presentations

#### **Eating Disorders: What can we learn from longitudinal data?**

This presentation will describe the results of a 10-year longitudinal study of 246 women with eating disorders conducted at Massachusetts General Hospital, highlighting the natural course of the disorders, outcome and recovery rates, co-morbid disorders, and diagnostic issues.

#### **Decreasing Risk Factors for Eating Disorders**

With increasing access to computers and the Internet, eating disorder prevention programs have expanded into multimedia technology. The focus of this presentation will be to describe four developmentally appropriate multimedia prevention programs designed to reduce risk behaviors as well as the randomized controlled studies conducted to test their effectiveness. Health professionals can enhance their work by providing an interactive experience that can serve as a unique adjunct to both prevention and treatment efforts.

Dr. Debra Franko received her bachelor's degree in Psychology at the University of Michigan and her Ph.D. from McGill University in Montreal. She completed her pre- and post-doctoral clinical training at two Harvard Medical School teaching hospitals, Beth Israel Hospital and Massachusetts General Hospital.

She is a Professor in the Department of Counseling and Applied Educational Psychology at Northeastern University, a Visiting Scholar in Psychology at Wesleyan University, and the Associate Director at the Harris Center for Eating Disorders at Massachusetts General Hospital in Boston. Currently she is a Distinguished Research Fellow at the Institute for Advanced Study and the School of Psychological Science, La Trobe University, in Melbourne.

She has authored over 95 peer-reviewed journal articles and book chapters in the area of eating disorders, body image, prevention, and treatment. She serves on the editorial boards of the *International Journal of Eating Disorders* and *Body Image: An International Journal of Research* and is the co-chair of the 2009 International Conference on Eating Disorders. Her recent book, *Unlocking the Mysteries of Eating Disorders: A Practical, Life-Saving Guide to Your Child's Treatment and Recovery*, was published by McGraw-Hill in September 2007.